

GET A LIFE!

A BEGINNER'S TOOLBOX FOR ADULTING

a collection of educational materials

MODULE 4: Household. Materials.

A list of things to keep in mind when moving out and getting your own place

Moving into your first place? Exciting! Here's what you need to know to get started. 🏠

1. Budget Smartly

- Plan for rent/deposit, moving fees, furniture, and essential items.
- Monthly Expenses: rent, utilities (electricity, water, gas), internet, groceries, and transport.
- Emergency Fund: Save 1–2 months of expenses for unexpected costs (e.g., repairs).

2. Know What You'll Need. Essentials Checklist:

- Bed & bedding
- Basic furniture (table, chair, storage)
- Kitchenware (pots, pans, cutlery, kettle)
- Cleaning supplies, toiletries & towels

Tip: Start with essentials and add items gradually to avoid overspending.

3. Understand Your Lease

- Read Contracts! Check rent amount, payment dates, notice periods, rules (e.g., pets, guests).
- Inventory Check: Note the condition of the property and take photos when moving in.
- Know Your Rights: Research tenant rights in your area (e.g. maintenance responsibilities).

4. Set Up Utilities & Services, if they are not included in your rental agreement

- Utilities: Contact providers for gas, electricity, water, and waste collection.
- Internet: Set up Wi-Fi early—it can take time! & TV Licence

5. Keep It Clean & Safe

- Routine Cleaning: Schedule regular cleaning to avoid stress and build good habits.
- Fire Safety: Test smoke detectors, know emergency exits, and avoid overloading sockets.
- Security: Lock doors and windows, don't share keys, and be mindful of visitors.

6. Build Life Skills

- Learn to cook a few basic meals 🍳
- Understand how to do laundry 🧺
- Keep track of bills and due dates 📅
- Practice respectful communication with housemates or neighbors 🤝

Remember: You don't need to have it all figured out right away. Enjoy the journey of independence!