



DETAILED CLEANING CHECKLIST

NAME:

DATE:

TIME	ACTIVITIES
.....	CHANGE TOILET BRUSH FREQUENTLY (EVERY 6 MONTHS THE MOST)..... <input type="checkbox"/>
.....	CHANGE TOOTHBRUSH..... <input type="checkbox"/>
.....	PUT PILLOW CASES AND SOFA CASES IN THE LAUNDRY MACHINE..... <input type="checkbox"/>
.....	CLEAN MATS (OUTDOORS AND INDOORS MAT)..... <input type="checkbox"/>
.....	WIPE THE CLOSETS..... <input type="checkbox"/>
.....	CLEAN THE FRIDGE AS NEEDED..... <input type="checkbox"/>
.....	CHANGE THE DISH BRUSH, RAGS AND SPONGE FOR THE DISHES..... <input type="checkbox"/>
.....	CLEAN YOUR FREEZER, REMOVE THE ICE THAT FORMS ON THE WALLS OF THE FREEZER..... <input type="checkbox"/>
.....	CLEAN THE STRAINER IN THE DISHWASHER..... <input type="checkbox"/>
.....	WASH THE FILTER OF DISHWASHER IF YOU USE IT EVERYDAY..... <input type="checkbox"/>
.....	CLEAN THE LIGHT SWITCHES..... <input type="checkbox"/>
.....	CLEAN THE TV REMOTE..... <input type="checkbox"/>



DETAILED CLEANING CHECKLIST

NAME:

DATE:

TIME	ACTIVITIES
.....	CLEAN YOUR MAKEUP BRUSHES AND RENEW WHEN NEEDED..... <input type="checkbox"/>
.....	CLEAN YOUR MAKEUP BAG..... <input type="checkbox"/>
.....	CLEAN YOUR PHONE AND PHONE CASE..... <input type="checkbox"/>
.....	CLEAN YOUR COMPUTER..... <input type="checkbox"/>
.....	CLEAN YOUR TRASH BIN..... <input type="checkbox"/>
.....	CLEAN YOUR TERRACE/OUTSIDE AREA..... <input type="checkbox"/>
.....	CLEAN YOUR WINDOWS..... <input type="checkbox"/>
.....	CLEAN THE CURTAINS..... <input type="checkbox"/>
.....	CLEAN THE ROOF GUTTER..... <input type="checkbox"/>
.....	CLEAN YOUR JEWELRIES, ESPECIALLY THAT YOU WEAR DAILY OR FREQUENCY..... <input type="checkbox"/>
.....	CHANGE HAIRBRUSH (AND CLEAN IT)..... <input type="checkbox"/>
..... <input type="checkbox"/>